



**Valley Athletic Association**  
952.432.5618 [www.vaasports.org](http://www.vaasports.org)

# YOUTH SPORTS

VAA benefits the youth of our community by providing athletic and social development through affordable organized sports for all youth in ISD 196.

Sports offered include:

- Baseball
- Basketball
- Cross Country
- Football
- Lacrosse
- Tennis
- Track
- Soccer
- Softball
- Volleyball
- Wrestling

For more information, visit [www.vaasports.org](http://www.vaasports.org)



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# Sports Schedule



## Sport

## Age/Grade\*

## Estimated Registration\*\*

## Season

Sport	Age/Grade*	Estimated Registration**	Season
Baseball — Community	Grades K — 11	January	May — July
Baseball — Traveling	Ages 10 — 15 yr	January	April — July
Basketball — Community	Grades K — 6	June	November — February
Basketball — Traveling	Grades 5 and 6	June	October — March
Cross Country — Community	Grades 4 — 6	June	August — September
Football — Flag	Grades 1 and 2	June	August — September
Football — Tackle	Grades 3 — 8	June	August — October
Lacrosse — Spring	Grades 2—9	January	March — May
Lacrosse — Summer	Grades 3 — 8	January	June — July
Soccer — Community, Summer	Grades K—7	January	May — July
Soccer — Community, Fall	Grades K — 7	June	August — October
Soccer — Community, High School	Grades 8 — 12	January	May — July
Soccer — Community, Adult pick-up	Ages 30+	January	June — October
Soccer — Traveling, Fall	Ages U9 — U14	June	August — October
Soccer — Traveling, Summer	Ages U9 — U18	January & June	March — July
Softball — Community, Slow pitch	Grade K — 12	January	June — July
Softball — Traveling, Fast pitch, Sum	Ages U10 — U18	January	May — July
Softball — Traveling, Fast pitch, Fall	Ages U10 — U16	June	August — September
Tennis — Community	Grades 1 — 10	January	June — July
Tennis — Traveling	14 yrs and Under	January	June — July
Track — Community	Ages 5 — 12 yr	January	April — June
Volleyball — Community, Fall	Grades 3 — 12	June	September — November
Volleyball — Community, Spring	Grades 3 — 12	January	March — May
Wrestling — Community	Grades K — 6	January	February — March

Note: Sports schedule may be subject to change.

U = Under

\* Grades for Fall and Winter sports (June registration) is the grade during the season.  
Grades for Spring and Summer sports (January registration) is the grade at time of registration.

\*\* Deadline for registration varies.



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Football — Flag	Grades 1 and 2	June	August — September
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Soccer — Traveling, Summer	Ages U9 — U18	January & June	March — July
Softball — Community, Slow pitch	Grade K — 12	January	June — July
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Softball — Traveling, Fast pitch, Fall	Ages U10 — U16	June	August — September
Tennis — Community	Grades 1 — 10	January	June — July
Tennis — Traveling	14 yrs and Under	January	June — July
Track — Community	Ages 5 — 12 yr	January	April — June
Volleyball — Community, Fall	Grades 3 — 12	June	September — November
Volleyball — Community, Spring	Grades 3 — 12	January	March — May
Wrestling — Community	Grades K — 6	January	February — March

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